

LEADERSHIP & SURVIVAL – SESSION I

“NAVIGATING ADVERSITY WITH LEADERSHIP”

PRESENTED BY: **PAUL CANTZ & PAUL ROTHSCHILD**

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DVAR TORAH



Jacob de Wit - Moses Elects the
Council of Seventy Elders (1737)

INTRODUCTIONS/ICEBREAKER

- The Pauls
- The Group

What is one
trait you
associate with
leadership?

Hillel: “If I am not for myself, who will be for me? And if I am only for myself, what am I? And if not now, when?” – Pirkei Avos 1:14

"Leadership is not about being in charge. It is about taking care of those in your charge." – Simon Sinek

CLASS OVERVIEW

- Goals & Objectives
 - Overall
 - Develop personal resilience strategies to maintain confidence and self-esteem in the face of adversity.
 - Session I
 - Distinguish Leadership Types: Participants will distinguish between technical and adaptive leadership styles.
 - Apply Leadership Concepts: Participants will discuss in small groups how these leadership types relate to their own personalities, experiences, and life strategies.

PERSON-FIRST LANGUAGE

- Words Matter – dehumanizing language helps reinforce the dominant narrative that people convicted of crimes are “other” and somehow less than “normal” or “good” people.

- Words that hurt

- Criminal
- Convict
- Felon
- Offender
- Prisoner
- Parolee
- Illegal immigrant
- Illegal alien
- Detainee

- Words that heal

- Person...
 - convicted of a crime
 - convicted of a felony
 - who is on parole
 - who is incarcerated

COMMUNITY GUIDELINES EXERCISE

- Community Guidelines help to:
 - Encourage positive, relevant communication
 - Prevent conflict
 - Reduce the risk of abuse and harassment
 - Increase community engagement
- Hard Rules
 - No politics
 - Criticize ideas, not people
 - People make mistakes, they are not mistakes

COMMUNITY GUIDELINES

- DO's

- Recognize people in order
- Use "I" statements, not "you" statements
- Say things in a positive manner
- One mic
- Save questions
- Take space, make space

- DON'T's

- Interrupt

TECHNICAL LEADERSHIP



Definition: Applying existing knowledge and skills to solve problems.



Characteristics: Clear problem definition, known solutions, and reliance on expertise.



Example: Fixing a broken machine using a manual.

ADAPTIVE LEADERSHIP



Definition: Addressing challenges that require changes in attitudes, values, and behaviors.



Characteristics: Unclear problems, no predefined solutions, and requires learning and adaptation.



Example: Leading a team through a cultural change in an organization.

APPLYING ADAPTIVE LEADERSHIP IN PERSONAL LIFE



Example: Navigating a career change by seeking new skills and embracing uncertainty.



Takeaway: Adapt to new realities by changing perspectives and learning continuously.

Adaptive leadership & resilience



Key Principles of Adaptive Leadership for Self-Growth

1. Get on the Balcony

- Reflection: Step back to gain perspective on your life and actions.
- Action: Regularly assess your progress and identify areas for growth.

2. Identify the Adaptive Challenge

- Technical vs. Adaptive: Differentiate between problems with known solutions and those requiring new learning.
- Focus: Understand your adaptive challenges to foster growth.

3. Regulate Distress

- Stress Management: Develop strategies to manage stress and anxiety.
- Balance: Ensure a balance between work and relaxation for well-being.



Applying Adaptive Leadership Principles

1. Maintain Disciplined Attention

- Focus: Stay focused on your self-growth goals.
- Avoid Distractions: Regularly remind yourself of objectives.

2. Give the Work Back to the People

- Ownership: Take responsibility for your own growth.
- Action: Utilize external advice but recognize personal responsibility.

3. Protect Voices of Leadership from Below

- Feedback: Be open to feedback from others.
- Incorporate Insights: Use different perspectives to improve.

4. Anchor Yourself

- Values: Reflect on your core values and beliefs.
- Alignment: Ensure your self-growth aligns with these principles.





SMALL GROUP DISCUSSIONS

GROUP DISCUSSION & WIND- DOWN



THANK YOU

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- Next Session – Wednesday, 6/5 @ 7pm CST