LEADERSHIP & SURVIVAL – SESSION I

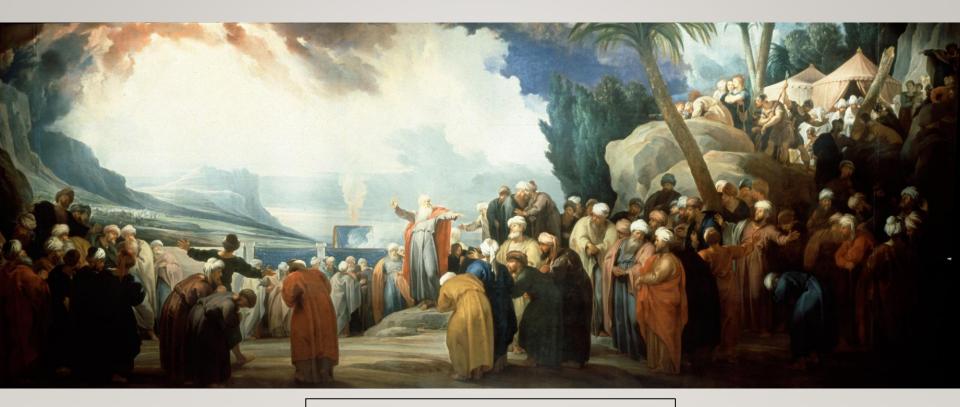
"NAVIGATING ADVERSITY WITH LEADERSHIP"

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DVAR TORAH



Jacob de Wit - Moses Elects the Council of Seventy Elders (1737)

INTRODUCTIONS/ICEBREAKER

- The Pauls
- The Group

What is one trait you associate with leadership?

Hillel: "If I am not for myself, who will be for me? And if I am only for myself, what am I? And if not now, when?" – Pirkei Avos I:14

"Leadership is not about being in charge. It is about taking care of those in your charge." – Simon Sinek

CLASS OVERVIEW

Goals & Objectives

- Overall
 - Develop personal resilience strategies to maintain confidence and self-esteem in the face of adversity.
- Session I
 - Distinguish Leadership Types: Participants will distinguish between technical and adaptive leadership styles.
 - Apply Leadership Concepts: Participants will discuss in small groups how these leadership types relate to their own personalities, experiences, and life strategies.

PERSON-FIRST LANGUAGE

- Words Matter dehumanizing language helps reinforce the dominant narrative that people convicted of crimes are "other" and somehow less than "normal" or "good" people.
- Words that hurt
 - Criminal
 - Convict
 - Felon
 - Offender
 - Prisoner
 - Parolee
 - Illegal immigrant
 - Illegal alien
 - Detainee

- Words that heal
 - Person...
 - convicted of a crime
 - convicted of a felony
 - who is on parole
 - who is incarcerated

COMMUNITY GUIDELINES EXERCISE

- Community Guidelines help to:
 - Encourage positive, relevant communication
 - Prevent conflict
 - Reduce the risk of abuse and harassment.
 - Increase community engagement
- Hard Rules
 - No politics
 - Criticize ideas, not people
 - People make mistakes, they are not mistakes

COMMUNITY GUIDELINES

- DO's
- Recognize people in order
- Use "I" statements, not "you" statements
- Say things in a positive manner
- One mic
- Save questions
- Take space, make space

- DON'T's
 - Interrupt



Definition: Applying existing knowledge and skills to solve problems.

TECHNICAL LEADERSHIP



Characteristics: Clear problem definition, known solutions, and reliance on expertise.



Example: Fixing a broken machine using a manual.



Definition: Addressing challenges that require changes in attitudes, values, and behaviors.

ADAPTIVE LEADERSHIP



Characteristics: Unclear problems, no predefined solutions, and requires learning and adaptation.



Example: Leading a team through a cultural change in an organization.





Example: Navigating a career change by seeking new skills and embracing uncertainty.

Takeaway: Adapt to new realities by changing perspectives and learning continuously.

APPLYING ADAPTIVE LEADERSHIP IN PERSONAL LIFE

Foresight Anticipate, predict and prepare for your organisation's future Oversight Monitor and review what has happened and assess changes Oversight Oversight Monitor and review what has happened and assess changes

Key Principles of Adaptive Leadership for Self-Growth

I. Get on the Balcony

- Reflection: Step back to gain perspective on your life and actions.
- Action: Regularly assess your progress and identify areas for growth.

2. Identify the Adaptive Challenge

- Technical vs. Adaptive: Differentiate between problems with known solutions and those requiring new learning.
- Focus: Understand your adaptive challenges to foster growth.

3. Regulate Distress

- Stress Management: Develop strategies to manage stress and anxiety.
- Balance: Ensure a balance between work and relaxation for well-being.

Applying Adaptive Leadership Principles

I. Maintain Disciplined Attention

- Focus: Stay focused on your self-growth goals.
- Avoid Distractions: Regularly remind yourself of objectives.

2. Give the Work Back to the People

- Ownership: Take responsibility for your own growth.
- Action: Utilize external advice but recognize personal responsibility.

3. Protect Voices of Leadership from Below

- Feedback: Be open to feedback from others.
- Incorporate Insights: Use different perspectives to improve.

4. Anchor Yourself

- Values: Reflect on your core values and beliefs.
- Alignment: Ensure your self-growth aligns with these principles.



SMALL GROUP DISCUSSIONS

GROUP DISCUSSION & WIND-DOWN

THANK YOU

Next Session – Wednesday, 6/5 @ 7pm CST