

## Reentry Plan - EXAMPLE



<p>Where I plan to live</p> <p>My Family &amp; Important Adults in my life</p>	<ul style="list-style-type: none"> <li>• I am leaving GHS on December 20<sup>th</sup> 2016. State transportation will drive me to the Tacoma parole office.</li> <li>• I will be living at 123 Bedrock Lane, Tacoma WA 98443. Their phone number is 253-333-3333. Fred Flintstone is my contact there.</li> <li>• Barney Rubble will transport me there.</li> <li>• I have a girlfriend, E. Her phone number is 253-222-2222</li> </ul>
<p>My Health &amp; Safety Plan</p>	<ul style="list-style-type: none"> <li>• I am committed to my self-care.</li> <li>• I will use my ACCEPTS skill daily.</li> <li>• I will continue to take my medications of XX 20 mg po QD, XX 5 mg po QD, XX 150 mg po BID and XX 100 mg po QD.</li> <li>• I need health insurance.</li> <li>• Barney Rubble will help me on 1/20/17 apply for health insurance at the Tacoma DSHS CSO. Their number is 253-983-6720.</li> <li>• Barney Rubble will then transport me to Comprehensive Life Resources for an intake appointment for counseling and medication management. CLR number is (253) 396-5000.</li> <li>• I have applied for Social Security benefits. I can contact my local office at 2608 S 47th St Ste A, Tacoma, WA 98409. Phone (253) 474-9963.</li> <li>• I have a safety plan that I will share with my girlfriend and my JPC to help keep me safe when I am depressed.</li> </ul>
<p>My Friends &amp; other people in my life</p>	<ul style="list-style-type: none"> <li>• My girlfriend, E, is my support.</li> <li>• I can use the DBT Skill of FAST to help me with building new friends.</li> <li>• I can meet new people playing sports or at work.</li> </ul>
<p>My Sobriety Plan or Safety Plan</p>	<ul style="list-style-type: none"> <li>• I want to stay clean and sober and be a positive parent for my daughter.</li> <li>• I am committed to using the DBT Skills of Urge Surfing, ACCEPTS.</li> <li>• My JPC will help me enroll in Intensive Outpatient services with Consejo Counseling. Their phone number is (253) 474-2157.</li> </ul>

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<p>My Education Plans</p>	<ul style="list-style-type: none"> <li>• I would like to obtain my high school diploma.</li> <li>• I will contact Claudia Miller, Education Advocate, at 253-476-7130 to find a school program.</li> </ul>															
<p>My Work Plans</p>	<ul style="list-style-type: none"> <li>• I will be working at the Rock Quarry to pay my room and board.</li> <li>• I will contact the Tacoma DVR Office at 1949 South State Street Tacoma WA 98405 to follow through with my application for services. Phone (253) 983-6500.</li> <li>• Once I have completed the housing program at Mr. Flintstone's I will find employment with DVR.</li> <li>• I have my flagger card.</li> <li>• I can also contact The Employment Pipeline, Calvin Greer, at 360-704-0936 to find local flagging jobs or other options.</li> </ul>															
<p>My Plan for having fun</p>	<ul style="list-style-type: none"> <li>• I enjoy playing guitar, recording music.</li> <li>• I would like to play soccer or baseball.</li> <li>• I will contact Pierce County Parks and Recreation at (253) 798-4703 to sign up for a sports team.</li> </ul>															
<p>My Legal Obligations</p>	<ul style="list-style-type: none"> <li>• I will be on Auto Theft Parole for 20 weeks. My parole counselor is Mr. Duncan (253-444-4444).</li> <li>• I will make a payment plan with the Pierce County clerk for my \$600.00 restitution within the first month of returning home. The clerk's number is 253-798-7900.</li> <li>• I have my Washington State ID.</li> </ul>															
<p>Important Documents I have or Need are:</p>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;"><b>Type</b></th> <th style="text-align: center; border-bottom: 1px solid black;"><b>Have</b></th> <th style="text-align: center; border-bottom: 1px solid black;"><b>Need</b></th> </tr> </thead> <tbody> <tr> <td>WA St. ID</td> <td style="text-align: center;">x</td> <td></td> </tr> <tr> <td>Birth Certificate</td> <td style="text-align: center;">x</td> <td></td> </tr> <tr> <td>Social Security Card</td> <td style="text-align: center;">x</td> <td></td> </tr> <tr> <td>Driver's License</td> <td></td> <td style="text-align: center;">x</td> </tr> </tbody> </table>	<b>Type</b>	<b>Have</b>	<b>Need</b>	WA St. ID	x		Birth Certificate	x		Social Security Card	x		Driver's License		x
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