

HINDA PEER SUPPORT CERTIFICATION COURSE

DEVELOPING COLLABORATIVE SKILLS
USEFUL IN PEER COUNSELING

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TWO STRATEGIES OF PROBLEM-SOLVING

01. PRIMARY

Collaboration: Parties working together on an activity that embraces change and seeks diversity of ideas



02. SECONDARY

Compromise: Parties working together on an activity with an objective of coming to a middle ground

EXPLORING KEY DIFFERENCES IN APPROACHES: COLLABORATION

Every person has opportunity to contribute their ideas

Encourages open-mindedness and limits preconceived ideas

Positive environment for all parties

Solution(s) generated once all options are explored

Create and strengthen bonds



EXPLORING KEY DIFFERENCES IN APPROACHES: **COMPROMISE**



Agreement reached when both sides make concessions

Lacks engagement of diverse ideas

Tense environment may develop

Some ideas are ignored

Majority typically satisfied leaving some disappointed

CONSIDER USING **COLLABORATION** IN PEER ROLES TO:

01 Build psychological safety

02 Foster dependability

03 Ensure structure and clarity

04 Add meaning to the work/relationship

05 Evaluate outcomes and shared successes

SUMMARY OF KEY IDEAS



	DEFINITION	PERSPECTIVE	ATMOSPHERE
COLLABORATION	Refers to mix of ideas to create best problem solution	Present their best ideas to solve the problem	Creates a positive setting so all ideas are considered
COMPROMISE	Refers to agreement reached by each side by making concessions	Reaches a middle ground to solve the problem	May create negative setting if some ideas are not valued