



HINDA INSTITUTE

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Fall 2021 / 5782

Rabbi Binyomin Scheiman, spiritual advisor

📍 9401 Margail, Des Plaines, IL. 60016

📞 (847) 430-4955 📠 FAX (847) 296-1823

✉️ administration@hindahelps.com 🌐 www.hindahelps.com

**THE NEW YEAR IS A TIME TO REINVENT OURSELVES
AND RETURN TO OUR TRUE ESSENCE AND G-D.**

★ Correctional Institutions have opened at full capacity. In collaboration with the Aleph Institute and volunteers, we will be supplying all incarcerated individuals with their needs for the Jewish holidays, including a full sukkah in some institutions.

★ Please contact us if you need a friendly free place for the holidays or know of someone who is incarcerated who wants a visit.

★ We will also be delivering food packages to our clients on the outside, particularly for the holidays.

★ Please contact us if you would like to help.



ADVOCACY FOR FAMILIES AND CHILDREN The Collateral Damage of Crime

Our family support group HINDA CARES has completed an amazing documentary video accompanied by a toolkit to advocate and sensitize our community to the challenges which innocent victims of crime - the families who are left behind - must now face. **Please help with our advocacy work by promoting and encouraging the showing of these free presentations to your Jewish organizations -- be it your synagogues, temples or women's groups. Contact Abby or Vickie via Contact Us on our website Hindahelps.com for more information.**

When a family member is incarcerated, the spouse and children become "collateral damage". The families of the perpetrator are innocent, ignorant of the crime and, in some cases, unfortunately directly abused. They face unfounded judgement and ostracism in their communities. The psychological, financial and emotional stress becomes unmanageable for most families.

Generally, the people who are incarcerated are men. They leave behind wives, mothers and children. (Hinda Institute currently services close to 150 families

**WISHING
YOU A
VERY
HAPPY
AND
HEALTHY
SWEET
NEW
YEAR!**



annually). These women and children often receive a lifelong sentence of prejudice, psychological and financial stress. While some of these stresses are hard to control, what is most distressing is that spouses and families become victimized over and over again by this crime - often for their whole life, due to prejudice and ostracism.

We conducted an in-house survey of over 41 women in the Chicago area, led by a senior university intern, together with an earlier focus group and gathered qualitative anecdotal evidence which identified three general areas where these women and their children experienced challenges - psycho-social stresses, prejudice and ostracism together with financial burdens. Results from this in-house survey showed 65% of the women are dealing with feelings of guilt and inadequacy and 56% of the children experience mental health issues due to social rejection of teachers and friends. As one woman wrote, "There is no understanding on the outside; I am hiding due to shame."

CARES PROGRAM

Counseling, Advocacy, Restorative Justice, Education, and Support

The Hinda Institute runs a unique program for women and children who are impacted by incarceration. The Hinda Institute supports these women and their families by offering counseling, legal support, financial aid, and employment assistance. The Hinda Institute coordinates a weekly women's peer support group. We also offer tutoring, counseling, support, and scholarships for the children who are impacted when a parent is incarcerated. Our goal is to banish misconceptions and stereotypes and provide healthy living for our "innocent victims of crime".

OBJECTIVES OF THE ADVOCACY PROGRAM



- To bring a voice to the silent victims of incarceration.
- To sensitize the community to the ostracism, financial and emotional hardships experienced by families of offenders.
- Reduce the ostracism and victimization of these families and children.
- To create a safe non-judgmental atmosphere to dialogue and reach out to their members in the community who may have affected by the criminal justice system
- To expand our services to develop a strategy for more effective support for families and children.

- The Hinda Institute is mourning the loss of Mr. Luchien Israylov; a client, a supporter and dear friend. After receiving his degree in psychology, Luchien ran a successful addiction clinic and helped many of our clients with his innovative harm reduction strategies. Unfortunately his demons overtook him, despite a valiant fight. We will continuously pray for Luchien - one day there will be a solution to addiction.

- Stay tuned in for our New Fall courses - "From Victim to Survivor to Offender." and "Joy From the Depths". Our speaker series - Bagels without Lox continues. Check our website for updates.

- Rabbi and Mrs. Binyomin Scheiman, together with many clients, were featured on our podcast series on the Criminal Justice System "To Stir with Love". Check out In the NEWS on our website.



HINDA HEROES

A Family and a Miracle Caseworker

Robbie was incarcerated in jail for 30 months prior to trial as his case was argued in court. Jail is meant as a temporary holding place. Robbie was there more than the maximum time allowed. He was put in prison, and was finally released - suddenly - without an exit strategy. Prior to incarceration, he was working and had friends. Now he developed severe anxiety, depression, PTSD, and exacerbated health issues.

His elderly parents suffered from a traumatic stress syndrome, worrying about him. They drove down to assist him on release. Unfortunately Robbie was not allowed to return to the state where his parents lived. At that point, Robbie had nowhere to go. There were no available housing options. He did not have a job, health care and money. He didn't even have shoes. Robbie had nothing. When he was arrested, all his possessions in his apartment were thrown out.

After his sudden release from prison, Hinda Institute caseworker Dana spent 3 days finding housing for Robbie. Dana had to arrange transportation to another city so Robbie could get to this new housing option as well as obtain those basic necessities which Robbie needed in the apartment. The Hinda Institute was able to get Robbie's banking updated, register him with probation; register him with the Division of Motor Vehicles as well as register him with the sheriff's office in addition to getting him to his housing - all before his curfew!! All these details were required by probation to happen on Day One of his release from prison.

Most importantly, Dana miraculously found him employment. Dana says: "Due to all of his restrictions, it was crucial that I make a relationship with his probation officer. Probation was able to help me talk with store owners to secure employment that would accommodate Robbie's restrictions. This gave my client additional layers of support and protection."

Robbie is now working full time, attends counseling regularly and is rebuilding a relationship with his family. Robbie and his family have a dedicated case worker and counselor who understand the issues as Robbie is still working to come to terms with his changed life.

This couldn't have happened without the Hinda Institute's Razing Barriers, Raising Bars Reentry Program (RBRB). Robbie's mother and father said: "it is almost certain that Robbie would be homeless, if it wasn't for the Hinda Institute's dedicated staff"

The RBRB reentry program has been making a huge impact on the lives of those reentering. In Judaism, we are taught (Sanhedrin 37a) "Therefore man was created as a single individual to teach you that anyone who destroys one Jewish life is considered by the Torah to have destroyed the entire world.

And one who saves one Jewish life is considered by the Torah to have saved the entire world. At Hinda Institute, we are saving worlds -- one person at a time.

WILDER
FOUNDATION

POWERING A SUSTAINABLE FUTURE

ODE TO STAFF & VOLUNTEERS



We would like to profusely thank our Hinda Institute staff and volunteers who support our work in Correctional Institutions. THANK G-D for people like you!

Beth – Runs our in prison correspondence letter writing programs

Leah – Coordinates our correspondence courses

Baila – Coordinates our prison library

Rivka – Creates our weekly newsletter

THANK YOU FOR YOUR KINDNESS AND DEVOTION.

"It is not our job to finish the task, but nor can we desist from it."

-Ethics of our Fathers

Make a difference!




Due to budget cuts by the state of Illinois, Rabbi Scheiman's chaplaincy is no longer reimbursed as it was in the past. Help us continue by making a tax-deductible donation securely on our website.



THE HINDA INSTITUTE

The HINDA Institute
9401 N Margail
Des Plaines, IL 60016

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|  @BinyominS |  binyomin.scheiman |
|  www.HindaHelps.com |  Rabbi Scheiman checks in at 4sq.com |



We now have the ability to charge your credit card on a one-time or monthly basis!



Please accept my tax-deductible contribution to help Rabbi Scheiman continue his service to the isolated Jews in prison!



Name: _____

Address: _____

Enclosed is my gift of:

- \$500 \$50
- \$250 \$36
- \$100 Other: \$ _____

I'd like to make a special gift towards the HINDA Institute!

Charge my credit card: one time monthly. (Visit HindaHelps.com to pay using PayPal) **PayPal™**

Number: Expiration Date: ____/____ Security Code: _____

Make checks payable to HINDA Institute – 9401 N. Margail, Des Plaines, IL, 60016